

Welcome to our newsletter, here you will find the practice's latest news and information to keep our patients updated on any changes within the surgery.

As a practice we would like to wish you a Happy New Year and hope you all had a wonderful Christmas, wishing you all the best in 2022.





Extended Hours

Congratulations

To start the year on a positive, we would like to say how proud we are of our Atlantic Medical Group Staff Member Mo O'Brien from Dispensary, and for everyone to recognise her achievement for the NHS. Mo rowed the Atlantic in 2019, Mo left La Gomera on 12.12.19 and got to Antigua on 31.01.20 which took 7 weeks and raised £68,000 in total split between three charities Cornwall Blood Bikes, Hospice Care and Carefree.

A representative from the blood bike team visited the practice last month to show off the bike bought with her fundraising.

Please be aware that whilst we are running covid vaccination clinic these extended hours clinics will not will not be taking place.

Opening Hours:

St Clare Medical Centre

St Clare Medical Centre St Clare Street Penzance Cornwall TR18 3DX

Monday - Friday 8:00am - 18:00pm

Cape Cornwall Surgery

Market Street St.Just Penzance Cornwall TR19 7HX

Monday - Friday 8:00am -13:00pm

14:00pm-18:00pm

Phone lines still available until 18:30pm

Newlyn Surgery

3 New Road Newlyn Penzance Cornwall TR18 5PZ

Monday - Tuesday 8:30am- 12:00pm

Thursday - Friday 8:30am- 12:00pm



COVID-19 Vaccination UPDATE

COVID Vaccines:

Please continue to book your 1st, 2nd and booster vaccination through the online booking system on the NHS website. Please do not phone to book. These are booked through the national booking system on the NHS website. We are running regular Clinics at St Clare Medical Centre.

COVID Vaccination Status:

Proof of your vaccination status is available via the NHS app which is downloadable via your app store. Alternatively, please contact the NHS helpline on 119 and ask for a confirmation letter to be sent to you by post. Please do not contact NHS England for at least 7 days after you've completed your course of vaccines, the letter may also take an additional 5 days to reach you.

COVID Booster Vaccines:

Booster doses are recommended for all individuals aged 16 years and over and those aged 12 to 15 years if they are in a risk group or living in a household with someone who is immunosuppressed. Like other boosters, it must be 3 months after their second dose.

In December we adminstered 15,665 vaccines and a total of 74,000 since the vaccine programme started.

This year we have welcomed some new members and developed some of our existing staff members through our Vaccination Programme

New Vaccinators to join our team:

Anton Barnes Catherine Ryan Lee-Anne Trenoweth

Exsiting Staff who have now completed their training and become Vaccinators:

Joanne Ellis Rachel Hosking Wendy Millard Iona O'Connell

We would like to congratulate you all and wish you the best of luck in the future.



Taking Sick Leave:

As per government guidelines, Employees must give their employer a doctor's 'fit note' (sometimes called a 'sick note') if they've been ill for more than 28 days in a row and have taken sick leave. This includes non-working days, such as weekends and bank holidays.

Self-Certification:

If employees are off work for 28 days or less, they do not need to give their employer a fit note or other proof of sickness from a medical professional. When they return to work, their employer can ask them to confirm they've been off sick. This is called 'self-certification'. The employer and employee will agree on how the employee should do this.

E-Consult Update:

Unfortunatley, with the high demands and increasing pressures on the NHS in particular doctor's appointments we would like to inform you that we have had to stop e-consultants until further notice. We hope this does not cause any inconvenience and apologise to those patients who use this service on a regular basis.

If you wish to make an appointment with, or speak to a member of the cliniciain team, please proceed to make appointments via our telephone service Monday to Friday on 01736 363741 or 01736 788306 as early as possible from 8:15am on the day. The reception team will ask you a few details and then an appointment can be made for telephone triage with the appropriate clinican who will phone you and discuss your health issue.

Currently most queries are completed with a telephone call. Clinicians may use video consultations or ask you to send a photo. If they need to see you in the surgery for an examination, they will book you in with either themselves or another member of staff. It is likely this will be the same day. You can request to be seen at St Clare Medical Centre, Cape Cornwall Surgery or Newlyn Surgery subject to available appointments.

Appointments with a Nurse or HCA:

The reception team will ensure that you are booked with the right nurse for the right procedure. These appointments will be given a time slot and may be available to book in advance. If these appointments are booked in advance and you develop any COVID 19 symptoms, please call reception to re-arrange your appointment.

